

## LOW CARBON DIET PRESENTATION AGENDA

### 1. Welcome – 5 minutes

- Welcome people and state why you have volunteered to lead this evening.
- Tell a little about your motivation to participate in a Low Carbon Diet EcoTeam, what you learned from doing the program, and the result you achieved.

### 2. Introductions – 5 minutes

- Invite 3 or 5 people to state their name, where they are from, why they came to this presentation.

### 3. Show LCD Powerpoint – 35 minutes

- Options include: full slide show; title slide and start with slide 20 beginning with EcoTeam history for background and LCD/ Cool Community; title slide and start with slide 36 LCD/Cool Community slides. Criteria for selecting options are depth you wish to provide, your personal motivation, and comfort level with content.

### 4. Q and A – 10 minutes

- Invite people to ask questions about the program.

### 5. Call to Action – 5 minutes

1. Ask: How many are willing to reduce their carbon footprint by at least 5,000 pounds?
2. Ask: How many are willing to start an EcoTeam with friends, neighbors, faith community or co-workers?
3. Ask: How many are interested in starting a global warming cafe in their community? If anyone wishes to learn more on how to lead one, invite to participate in free cool community teletraining by registering at [www.empowermentinstitute.net/lcd](http://www.empowermentinstitute.net/lcd).
4. Ask: How many are interested in starting a Cool Community Campaign? If anyone wishes to learn more on how to initiate one, invite to participate in free cool community teletraining by registering at [www.empowermentinstitute.net/lcd](http://www.empowermentinstitute.net/lcd).

Let them know *Low Carbon Diet* book is available at [www.empowermentinstitute.net/lcd](http://www.empowermentinstitute.net/lcd).  
Acknowledge people for their commitment.